



KDV SPORT FITNESS CENTRE MEMBERSHIP APPLICATION

APPLICANT INFORMATION

Name:	
Current address:	
Suburb:	Postcode:
Email:	
Phone:	Date of birth:

EMERGENCY CONTACT

Emergency Contact:
Emergency Number:
Relationship to you :

HEALTH BACKGROUND SCREENING

Do you suffer from a heart condition or have ever had any form of heart disease, previously suffered a heart attack, or have a family history of heart disease?	Yes / No
Do you experience any pain while undertaking physical activity or exercising?	Yes / No
Have you ever experienced faintness, dizziness, shortness of breath, or experienced a loss of balance while undertaking physical activity or exercise?	Yes / No
Do you have diabetes or suffer from high blood pressure?	Yes / No
Do you suffer from asthma?	Yes / No
Do you have a bone or joint problem that could be aggravated by a change in your level of physical activity?	Yes / No
Do you have any other medical condition or injury, currently taking medication, or know of any other reason that would prevent you from exercising?	Yes / No
Are there any past or current injuries that would preclude you from taking part in an exercise program/physical activity	Yes / No

Please provide additional information if you answered yes to any of the above questions.

BACKGROUND & CURRENT TRAINING

What type/s of training have you done in the past? (This may include social sports, gym memberships, personal training experiences, weights/strength training)	
How long ago?	For what period of time? (Month, Year, Etc)
Do you exercise regularly now?	Yes / No
If yes, what type of training do you currently do?	
How many times per week?	
What are your current training resources, if any? (home gym, home weights set, gym membership)	

TRAINING GOALS (for members considering Personal Coaching)

What are your physical/sporting goals?
What do you expect from me as your Coach?

OTHER LIFESTYLE CONSIDERATIONS

Are there any other current lifestyle or health factors that could inhibit your ability to undertake an exercise program/physical activity? (These may include smoking, alcohol consumption, cultural restrictions, etc)
Yes / No
If yes, please give details:



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GENERAL TERMS & CONDITIONS

Membership

All membership fees and schedules are subject to change. **Membership fees are payable in advance and the administration/ joining fee is non-refundable**, the fee can be paid either by direct deposit into our nominated bank account, or by credit card or direct debit facility. KDV sport fitness Centre uses a service provider to collect recurring facility based membership fees. A **late payment/ declined payment may result in an \$11.90 additional charge and an immediate suspension of membership.**

General Memberships are weekly based; a discount applies to memberships prepaid for annually. The cancellation policy for the KDV sport Fitness Centre memberships is by filling out the "**cancellation request form**" and it will be processed within 7 days after the form has been handed in by person at the reception or email to info@kdvsport.com, then the associated fees will be charged accordingly by final direct debit payment:

- Cancellation **after 12 months (26 payments)** there will be **no cancellation fees**
- Cancellation **between 6 and 12 months (13 – 26 payments)** there will be a **\$120 cancellation fee**
- Cancellation **prior to 6 months (1 - 12 payments)** there will be a **\$200 cancellation fee**
- **Any prepaid membership are non-refundable**

KDV sport Fitness Centre is not responsible for timing or late cancellation.

Personal training fees can be purchased as individual sessions or in blocks. In the event a nominated or preferred trainer is unavailable, KDV Sport Fitness can at its discretion substitute another trainer to undertake the personal training session.

Members are responsible for their access card. **Shared gym access with a non-member will result in forfeiture of membership effective immediately and incur \$18.50 casual visit charge plus non-refundable prepaid membership. Replacement access cards will incur a \$5 fee** unless the card deemed faulty.

General membership of the gym is generally not available to children under the age of 16 years.

Dress and Conduct

All members should dress appropriately. This includes the wearing of a shirt and the use of a towel. **No open toed shoes, sandals or thongs are allowed in the gym at all times.**

KDV Sport Fitness Centre is committed to the health, safety and welfare of each of its members and staff and will not tolerate unreasonable, threatening, obscene, harassing, indecent or illegal behaviour. KDV Sport Fitness may, at its discretion, request members and/or their guests to leave the premises. KDV Sport Fitness, in addition to its common law rights and remedies, also reserves the **right to terminate the membership of any member engaging in unacceptable behavior.**

Members are liable for damages to KDV Sport Fitness property that results from the willful or negligent conduct of a member, a member's guest or dependent children.

Lost Articles and Damage to Member's Property

KDV Sport Fitness is **not responsible for lost or stolen goods or damage to goods.** All goods are stored at member's risk and the Gym discourages members from bringing valuable goods to the gym.

Consent and release for use of Photographic and Video Images

All members, unless specifically requesting not to do so in writing, authorise KDV Sport Fitness, its directors, employees, contractors or agents, from time to time, without further notice or permission and without payment of any kind to photograph, videotape, and audiotape them for advertising, promotional or instructional purposes.

Late Attendance to Coaching & Classes

All members should arrive at least 10 minutes prior to the commencement of all Coaching & classes. As all our Coaching & classes are high intensity and fast paced, it is unfair to other members & trainer to have their workouts and coaching time disrupted by late attendees. KDV Sport Fitness reserves the right to refuse participation in a class for late attendance and the fee will be non-refundable.

Rules and Policies of the Gym

All members agree to learn and abide by all the rules and policies set by KDV Sport Fitness and that may change from time to time with 28 days prior notice.

ELECTRONIC COMMUNICATION

KDV Sport Fitness highly values and respects your privacy. We have the option to communicate with you by email and SMS. We will never release or sell your private information. **NOTE: The late payment / declined payment will be notified through email / SMS**

Consent to contact you by email and /or SMS

Yes / No

SIGNATURE

I wish to apply for membership to KDV Sport Fitness and agree to the General Terms and Conditions outlined above, the full Terms and conditions that can be accessed through our website www.kdvsport.com/fitnesscentre

Signature of applicant:

Date:



ACKNOWLEDGEMENT & WAIVER OF RISKS & INJURY

KDV Sport Fitness Centre
Its directors, owners, officers, employees, trainers, contractors, volunteers, and agents And

Participant's Name _____

**WARNING – THIS IS AN IMPORTANT DOCUMENT THAT AFFECTS YOUR LEGAL RIGHTS AND OBLIGATIONS.
READ IT CAREFULLY AND DO NOT SIGN IT UNLESS YOU ARE SATISFIED THAT YOU UNDERSTAND IT.
IF YOU HAVE ANY QUESTIONS PLEASE ASK OUR REPRESENTATIVE.**

ACKNOWLEDGEMENT OF RISKS, INJURY AND OBLIGATIONS

I ACKNOWLEDGE that the activity I have voluntarily agreed to undertake is a dangerous activity and that by participating in it I am exposed to certain risks.

The activity includes, fitness classes incorporating cardio vascular exercise, strength and conditioning training, resistance training, weight lifting, boxing and other martial art hybrid classes, personal training sessions, training activities undertaken both on and off the premises, participation in team or individual competitions, and other services provided to the participant by KDV Sport Fitness.

I ACKNOWLEDGE AND UNDERSTAND that whilst participating in such activity:

- I may be injured, physically, emotionally or mentally, or may die.
- My personal property may be lost or damaged.
- Other persons participating in such activity may cause me injury or may damage my property.
- I may cause injury to other persons or damage their property.
- The conditions in which the activity is conducted may vary without warning.
- I may be injured or die or suffer damage to my property as a result of negligence or breach of contract by Gym Nation.
- There may be no or inadequate facilities for treatment or transport of me if I am injured.
- I assume the risk and responsibility for any injury, death or property damage resulting from my participation in the activity.

I FURTHER ACKNOWLEDGE AND UNDERSTAND that whilst participating in such activity:

- I will follow the safety advice, training directions and exercise instructions of the KDV Sport Fitness trainers, contractors, agents and volunteers.
- If I feel unwell during training or feel pain and/or discomfort, I will cease participating and immediately advise a trainer.
- If, for any reason, I require first aid or medical assistance, I authorise KDV Sport Fitness to seek emergency medical assistance on my behalf with the understanding that I am responsible for all costs incurred.

RELEASE OF LIABILITY AND INDEMNITY TO KDV SPORT FITNESS CENTRE

IN CONSIDERATION of the acceptance of my payment for participating in the activity (and except to the extent that the same may be precluded by Law) I AGREE TO WAIVE ANY AND ALL CLAIMS that I have or may have in the future against KDV Sport Fitness its trustees, directors, owners, officers, employees, trainers, contractors, volunteers, and agents, notwithstanding that such claims may arise due to Negligence, breach of contract, or breach of statutory duty. FURTHER;

- I participate in the activity at my sole risk and responsibility.
- I release, indemnify and hold harmless KDV Sport Fitness, its trustees, directors, owners, officers, employees, trainers, contractors, volunteers, and agents, from and against all and any actions or claims which may be made by me, or on my behalf by other parties, arising out of any injury, loss, damage or death caused to me or my personal property whether by negligence, breach of contract or in any other way whatsoever.

I ALSO AGREE THAT in the event that I am injured or my personal property is damaged, I will bring no claim, legal or otherwise against KDV Sport Fitness in respect of that injury or damage. This agreement shall be effective and binding upon me, my successors, representatives, heirs, executors, assigns, or transferees. If any portion of this agreement is held invalid, I agree that the remainder of the agreement shall remain in full legal force and effect.

SIGNATURE

Signature of applicant:

Date:

PARENT /GUARDIAN TO ALSO SIGN WHERE PARTICIPANT IS UNDER 18 YEARS OF AGE

I _____ being the parent or guardian of the person named in this acknowledgement and release HEREBY ACKNOWLEDGE AND AGREE:

- I have read the whole of this document and understand it.
- I consent to the person named in this acknowledgement and release participating in the activity and
- I am aware of the risks, dangers and obligations set out above in the acknowledgement and release.

IN CONSIDERATION of the person named in this acknowledgement and release being accepted to participate in the activity I AGREE TO THE RELEASE AND INDEMNIFY KDV Sport Fitness in the same manner and to the same effect and extent as if I were the person first named in the acknowledgement and release and the person participating in the activity.

Signature of Parent/ Guardian:

Date: